

Address to write to child:
Camper Full Name
North Shore Holiday House
74 Huntington Road
Huntington, NY 11724 to



Camp phone:
(631) 427-7630
Email (Office):
info@nshh.org

Suggested Packing List

- | | | |
|-------------------------------------|------------------------------|-------------------------------|
| *10 t-shirts | *6 pairs of socks | *2 towels |
| *2 pairs of pants | *1 pair of shoes | *5-10 stamps and stationery |
| *8 pairs of shorts | *1 pair of sport shoes | *medication if needed |
| *1 long sleeve shirt | *1 jacket / sweatshirt | *1 twin fitted and flat sheet |
| *A nice outfit - for special dinner | *2 swimsuits | *1 pillow with pillowcase |
| *14 pairs of underwear | *1 comb and brush | *1 blanket |
| *2 pairs of PJ or night gown | *1 toothpaste and toothbrush | |

***This is a list suggested list.
If you can not complete this list, your child can still attend camp.***

Instructions for Parents

- No phone calls are allowed directly to campers. You can call camp to see how your child is doing.
- Stay in touch with your child by writing at least twice a week.
- Place the stamps on postcards and envelopes, write the address on them before giving your child .
- The nurse will notify you if your child is being treated for more than 24 hours or if there is an emergency .
- Do not bring money, cd players, radios, iPods, electronic games, cell phones, pagers, pets, jewelry or personal sports equipment .
- Do not store prescription drugs in luggage, give to the nurse in a zip -lock bag in its original packaging to leave your child .
- Please mark all your child's clothing and property with your full name, either with a pen or label.
- Send your old clothes, they may be lost or damaged.
- Pack belongings in duffel bags, sports bags or other soft material bags .
- Label child's bags with stickers and/or ribbons as many of them have the same appearance.
- Do not send food or candy - campers receive daily snacks .



North Shore Holiday House

Drop Off/ Pick Up Instructions

BEFORE ARRIVAL : Send your child a postcard or letter. Mail is valuable for children, especially first time campers . The mail will be delivered daily. A letter in the first couple of days helps children with their stay.

ARRIVAL AT CAMP : The registration process for each session is Monday at 11:00 AM . Do not leave your child before, counselors are at staff meetings and preparing for camp.

At arrival you are asked to check in. This may take a few minutes, as we can have many girls arriving at once . You will be asked to meet with the nurse so that she can review your health records and discuss any need for medication. Please pack all medication in a separate zip lock bag and label with the prescription instructions and the child's name . Please take this directly to the camp nurse at this time. Camp staff will be available to answer any last minute questions that you may have. Once your child has been registered and seen the nurse, it is then time to prepare for a quick farewell .

CAMP PICK-UP : Your child will be picked up on the second Friday after they have been left . Pick up time will be at 2:00 PM . If your child will be picked up from camp by someone other than a parent / guardian, a signed "Release Camper" form must be completed on the first day of camp .

Getting to North Shore Holiday House

FROM SOUTH / EAST: Take Route 110 N. Turn left at W Jericho Turnpike/NY25 proceed 0.8 mile. Turn right on Oakwood Road , proceed 2.8 miles during . Oakwood Road becomes Green Street, continue for 0.2 of a mile. Turn left at Main St -25A continue for 0.1 mile. Turn right on West Neck Road and follow for 1 mile. Turn left on Huntington Road proceed 0.3 mile. Holiday is on the left .

FROM THE WEST: Take the Seaford Oyster Bay Expressway North to Exit (Woodbury) . Take Jericho Turnpike / Ny25 about this . 1 mile to Woodbury Road. Turn left (north) on Woodbury Road for approximately 4 miles to Huntington . (Turn left at the second traffic light , train station last CSH) Arriving at 25A Main Street Street changes name to West Neck Road . It takes about West Neck Road. a mile to Huntington Road. (Look 20 mph curve sign) Huntington Road is second left after the beep . NSHH is on the left 0.3 miles .



FAQ

How I can prepare my child for summer camp?

It is important to include your child in the decision to go to summer camp . Talk to them about the reasons why camp would be a good idea for them to attend. Talk about the activities they will do, the friends that are made and the fun they will have .

I can see the camp ?

Parents and new campers are encouraged to attend the camp open house. At this time tours will be given and questions answered.

What should my child bring to camp?

The camp is a very good place to wear old clothes and shoes. Please do not send any new items or valuables to camp . It's a good idea to put your child's name on all their belongings. We do not allow cell phones, video games, electronics or any other food . Please send enough clothes for the entire camp session, we do not do laundry for the campers.

How do I stay in touch when my child is at camp?

Write a letter! Campers love to receive mail from home. Parents and family members should send mail campers regularly to offer support and encouragement . Campers are given the opportunity to write letters daily and it is important to include paper, envelopes, addressed and stamped envelopes for them in their bag. If in doubt , place a call to our office or camp director called feedback . Please know that direct contact with a camper is not allowed during camp.

What if my child is homesick ?

Some campers experience feelings of homelessness when they are especially in the first couple of days . It is important to recognize that this is normal. The campers often feel nostalgic when they have downtime during the rest hour or before sleep and may indicate that they are unhappy or want to go home. Very often , these are the same campers we see having fun participating in activities with other campers during the day. Counselors will work with the camper to get them involved in the program and connect with friends . The staff at the Holiday House has the best interest of your child in the background, if you feel your child is not really ready for camp, we will contact you to inform you.



What will my child do at camp?

Daily activities include arts and crafts, games, sports, recreational swimming (under the supervision of a certified life guard), dance, theater, science, and various other programs. Your daughter will go on field trips, which may include visits to a historic site, a museum, a nature center or a bowling ally. After breakfast, which includes song time in the dining room, each cabin goes about their morning chore routine. Campers share responsibilities for daily tasks such as setting tables in the dining room, sweeping and watering of the plants . Each afternoon, campers participate in traditional camp activities such as roasting marshmallows around a campfire, sing - alongs and games. In addition, special guests include artists, magicians , d.j.s, and storytellers. Other special night time activities may include a movie night , talent show and a special themed dinner.

What are the cabins and the bathroom like?

We have comfortable rooms. Usually, there are 10 campers in each cabin with 3 staff members . At night there is always a cabin counselor present at all times to ensure that campers are safe and sleeping. There are 5 houses or cabins for a total of 50 campers. There are 2 bathhouses with hot showers and bathrooms with toilets.

Does my camper bring toiletries to camp? The camp offers basic soap and shampoo for campers.

What care is provided at camp? A nurse attends to the medical needs of campers. If there is a medical problem or question the nurse will call you. Please ensure that all emergency contacts are available and are able to pick up your child in an emergency.



